



KOSMO SHOTOKAN KARATE CLUB

Learn. Strive. Inspire.

VENUE	Beit Shvidler
DAY	Thursday – Starts 12th Sept 2019
TIME	15:50 – 16:50
PRICE	Autumn Term - £97.50

We are offering karate lessons for children in Year 1 to Year 6 from beginners through to advanced.

The benefits for the children include:

Improves development

Boosts confidence

Helps co-ordination skills

Gives them something to strive towards

Better life skills & character

Self Defence Skills

The children will have the opportunity to grade up to 3 times per year, allowing them to work their way from beginner to a black belt.

The lessons will also include self-defence and awareness, and the most important thing we teach all our children is RESPECT.

Loose comfortable clothing required, i.e. tracksuit bottoms and a t-shirt. The uniform can be purchased after the 1st lesson. A yearly licence & membership will be required for those that join the club. This is the only mandatory cost to students. Please visit our website www.kosmoskc.com for full details and prices.

CLASSES: 12/09 - 12/12 (No Karate 17/10)

HOW TO BOOK YOUR SPACE

Spaces in Karate get filled very quickly, so please do not leave it to the last week to sign up.

If you wish to book a space, please go to www.kosmoskc.com/school-lessons-shop and find 'Lessons Beit Shvidler Sept - Dec' to pay for your term and see term dates.

If you have any questions, please do not hesitate to contact me:

Kosmo Shotokan Karate Club

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