

The Elms Sport In Schools - Termly Overview (Summer)



	Early Years/Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Week 1	Ball Games Throwing & retrieving	Ball Games Throwing & retrieving	Cricket Bowling technique	Cricket Batting – timing & direction	Tennis Forehand – speed, direction	Tennis Forehand & backhand
Week 2	Ball Games Striking a ball - equipment	Ball Games Striking a ball, using equipment	Cricket Batting technique	Cricket Bowling – line & length	Tennis Backhand – speed, direction	Tennis Serving – speed, direction
Week 3	Ball Games Throwing at targets	Ball Games Throwing at targets	Cricket Batting & bowling	Cricket Fielding – reaction/slips	Tennis Serving & Volleys	Tennis Rally
Week 4	Ball Games Throwing at targets, scoring	Ball Games Throwing at targets, scoring	Cricket Fielding – general skills	Cricket Fielding – outfield	Tennis Rally	Tennis Match Play
	-	-	-	-	4 week assessment	4 week assessment
Week 5	SAQ & reaction	SAQ & reaction	Cricket Small-sided games	Cricket Small-sided games	Tennis Match Play	Tennis Match Play
Week 6	Running & changing direction	Running & changing direction	Cricket Small-sided games	Cricket Small-sided games	Tennis Match Play	Tennis Match Play
	6 week assessment	6 week assessment	6 week assessment	6 week assessment	-	-
Week 7	Roll Games Stopping a moving ball	Roll Games Stopping a moving ball	Athletics Running – sprints	Athletics Running – long distance	Athletics Running – long distance	Athletics Running - sprints
Week 8	Ball Games Throwing for distance	Ball Games Throwing for distance	Athletics Throwing – javelin & shot	Athletics Jumping – long & triple	Athletics Running – sprints	Tennis Running - relays
	-	-	-	-	4 week assessment	4 week assessment
Week 9	Athletics Individual running	Athletics Individual running	Athletics Jumping – long & triple	Athletics Jumping – sprints	Athletics Running – relays	Athletics Running – long distance
Week 10	Athletics Running in teams	Athletics Running in teams	Athletics Relay – baton changes	Athletics Throwing – javelin & shot	Athletics Throwing events	Athletics Jumping events
Week 11	Athletics Jumping	Athletics Jumping	Athletics Running – long distance	Athletics Running - relays	Athletics Jumping events	Athletics Throwing events
Week 12	Games Working in teams	Games Working in teams	Athletics Competition	Athletics Competition	Athletics Competition	Athletics Competition
	End of Term assessment	End of Term assessment	End of Term assessment	End of term assessment	End of term assessment	End of term assessment