

1 What is the most appropriate unit of time to measure the activities?

Sort the activities into the table.

write the date

read a book

draw a picture

jump 10 times

go swimming

watch a film

eat an apple

eat a sweet

decorate a house

Hours	Minutes	Seconds

Compare answers with a partner.



2 Choose a word to complete each sentence.

hours

minutes

seconds

- a) It takes Sam 5 _____ to have a shower.
- b) Whitney sleeps for 8 _____ each night.
- c) It takes Ron 10 _____ to do 5 star jumps.
- d) Amir watches TV for 30 _____ a day.
- e) Annie spends 20 _____ on her homework.

3 Complete the sentences to describe something that you do each day.

- a) I spend hours _____
- b) I spend minutes _____
- c) I spend seconds _____

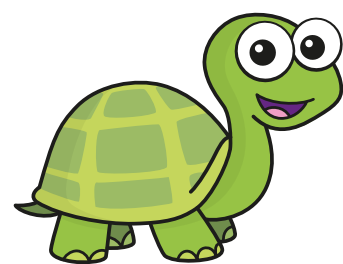
Compare answers with a partner.



- 4 Which activity takes longer?
Tick your answers.

- | | | |
|----|------------------|------------------|
| a) | run a bath | brush your teeth |
| b) | listen to a song | watch a film |
| c) | eat a grape | cook dinner |
| d) | build a house | paint a room |

- 5 It takes Dora 24 minutes to walk to school.
It takes Max 1 hour to walk to school.



It takes Dora longer to walk to school, because 24 is greater than 1

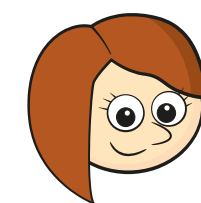
Do you agree with Tiny? _____

Explain your answer.

- 6 Write the times in order.
Start with the shortest time.

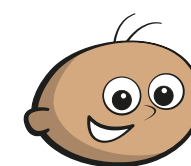
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|-------|-------------|-------------|------------|
| a) | 1 hour | 1 minute | 1 second |
| <hr/> | | | |
| b) | 1 hour | 100 minutes | 60 seconds |
| <hr/> | | | |
| c) | 200 seconds | 1 minute | 90 seconds |
| <hr/> | | | |

- 7 Rosie, Jo and Tommy run a race.



Rosie

It took me 92 seconds.



Tommy

It took me 2 minutes and 3 seconds.

It took me 1 minute and 10 seconds.



Jo

Who won the race? _____

How do you know? _____