The Elms Sport In Schools - PPA Term Overview (Autumn 1)



	Early Years/Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Week 1	Footwork & Co-Ordination Change speed & direction LO: To understand how changing speed and direction efficiently will have a positive outcome on performance	Footwork & Co-Ordination Change speed & direction LO: To understand how changing speed and direction efficiently will have a positive outcome on performance	Hockey Passing & receiving LO: To develop a range of passing skills and use them in games	Hockey Passing & receiving LO: To develop a range of passing skills and use them in games	Hockey Passing & receiving LO: To develop a range of passing skills and use them in games	Hockey Passing & receiving LO: To develop a range of passing skills and use them in games
Week 2	Footwork & Co-Ordination Turning with a ball LO: To understand how to turn with a ball using various techniques and with control	Footwork & Co-Ordination Turning with a ball LO: To understand how to turn with a ball using various techniques and with control	Hockey Dribbling LO: To effectively dribble in hockey whilst playing under pressure	Hockey Dribbling LO: To effectively dribble in hockey whilst playing under pressure	Hockey Dribbling LO: To effectively dribble in hockey whilst playing under pressure	Hockey Dribbling LO: To effectively dribble in hockey whilst playing under pressure
Week 3	Ball Skills Kicking at targets LO: To kick and strike a ball with control and accuracy	Ball Skills Kicking at targets LO: To kick and strike a ball with control and accuracy	Hockey Affack at pace LO: To create scoring opportunities in hockey using skills acquired in weeks 1-3	Hockey Affack at pace LO: To create scoring opportunities in hockey using skills acquired in weeks 1-3	Hockey Affack at pace LO: To create scoring opportunities in hockey using skills acquired in weeks 1-3	Hockey Affack at pace LO: To create scoring opportunities in hockey using skills acquired in weeks 1-3
Week 4	Ball Skills Travel with ball – using feet LO: To move with a ball at different speeds whilst keeping it under control	Ball Skills Travel with ball – using feet LO: To move with a ball at different speeds whilst keeping it under control	Hockey Keeping possession LO: To work well as a team to keep possession in hockey	Hockey Keeping possession LO: To work well as a team to keep possession in hockey	Hockey Keeping possession LO: To work well as a team to keep possession in hockey	Hockey Keeping possession LO: To work well as a team to keep possession in hockey
Week 5	Ball Skills Travel with ball – using hands LO: To be able to move whilst carrying/bouncing a ball under control	Ball Skills Travel with ball – using hands LO: To be able to move whilst carrying/bouncing a ball under control	Hockey Creating Space LO: To create scoring opportunities quickly and effectively when outnumbering the defenders	Hockey Creating Space LO: To create scoring opportunities quickly and effectively when outnumbering the defenders	Hockey Creating Space LO: To create scoring opportunities quickly and effectively when outnumbering the defenders	Hockey Creating Space LO: To create scoring opportunities quickly and effectively when outnumbering the defenders
Week 6	Ball Skills Throwing a ball LO: To understand when and how to throw	Ball Skills Throwing a ball LO: To understand when and how to throw	Hockey Small sided games LO: To play fairly and effectively in small teams	Hockey Small sided games LO: To play fairly and effectively in small teams	Hockey Small sided games LO: To play fairly and effectively in small teams	Hockey Small sided games LO: To play fairly and effectively in small teams
	6 week assessment	6 week assessment	6 week assessment	6 week assessment	6 week assessment	6 week assessment