

MOUVE®

BY DANCING WITH LOUISE

@ BEIT SHVIDLER

DANCE GYMNASTICS

AFTER SCHOOL CLUB



OUR DANCE GYMNASTICS COMBINES FLOOR WORK WITH SHOW-STOPPING ROUTINES. STUDENTS FOLLOW A FUN, STRUCTURED SYLLABUS COVERING THE 5 PILLARS - STRENGTH, FLEXIBILITY, LIMBERING, TUMBLING & BALANCE - BUILDING SKILLS, FITNESS & CONFIDENCE EVERY WEEK!

For Years 1-5

Wednesdays

3.45 - 4.45pm

Come flip, twist & dance!



CLICK HERE TO SECURE YOUR SPOT!

"My daughter loves her classes and looks forward to them every week - she has biggest smile when we pick her up!"

@makeamouve.com

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