


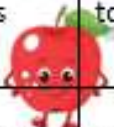
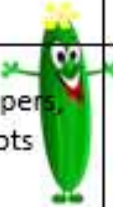



		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Dish of the day	Fish Fingers & Chips (F, G, So) 	Turkey Shawarma served with Twisted Pasta (G)	Meatballs in Tomato Sauce served with Rice (G)	Chicken Pop Bites served with Potatoes Wages (E, G)	Vegetarian Hot Dog in a Roll (G, E, Mu) 
	Hot Vegetables	Baked Beans	Green Beans	Sweet Corn	Garden Peas	
	Daily Salad	Cucumber, peppers, tomatoes, carrots 	Cucumber, peppers, tomatoes, carrots 	Cucumber, peppers, tomatoes, carrots 	Cucumber, peppers, tomatoes, carrots	Cucumbers 
	Delicious Dessert	A selection of fresh fruits	Icing Vanilla Cake (E, G)	A selection of fresh fruits	Pineapple Ring	Cupcake (E, G)

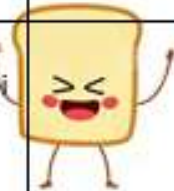




Fresh Bread (G, E) -Available daily

Allergens:

C – Celery, Cr – Crustaceans, E - Eggs, F – Fish, G –Cereals containing gluten, L-Lupin, Mk – Milk, Mo – Molluscs, Mu- Mustard, N- Nuts, P - Peanuts, Se- Sesame, So – Soya, Su- Sulphur Dioxide.

Gluten free and vegetarian options are available upon request

Menu items are subject to availability. If a key ingredient is unavailable, a suitable substitution may be made.

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	Dish of the day	Jacked Potatoes served with Tuna (F, E)	Chicken kebab served with Tosted Pasta (G)	Spaghetti with Beef Bolognese Sause (G)	Oriental-Style Turkey served with rice (So)	Vegetarian Hot Dog in a Roll (G, E, Mu)
	Hot Vegetables	Baked Beans	Sweet Corn	Carrots	Cauliflower & Broccoli	
	Daily Salad	Cucumber, peppers, tomatoes, carrots 	Cucumber, peppers, tomatoes, carrots	Cucumber, peppers, tomatoes, carrots	Cucumber, peppers, tomatoes, carrots	Cucumbers 
	Delicious Dessert 	A selection of fresh fruits	Marble Cake (E, G)	A selection of fresh fruits 	Pineapple Ring	Cookie (E, G)

Fresh Bread (G, E) -Available daily

Allergens:

C – Celery, Cr – Crustaceans, E - Eggs, F – Fish, G –Cereals containing gluten, L-Lupin, Mk – Milk, Mo – Molluscs, Mu- Mustard, N- Nuts, P - Peanuts, Se- Sesame, So – Soya, Su- Sulphur Dioxide.

Gluten free and vegetarian options are available upon request

Menu items are subject to availability. If a key ingredient is unavailable, a suitable substitution may be made.

Aroma Caterers

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	Dish of the day	Fish Fingers & Chips (F, G, So)	Sweet Chilli Chicken served with Couscous (G, So)	Beef Lasagne served with Roasted Potatoes (G, So)	Penne Pasta with Turkey Bolognaise Sause (G)	Vegetarian Hot Dog in a Roll (G, E, Mu)
	Hot Vegetables	Baked Beans	Sweet Corn	Green beans	Garden Peas	
	Daily Salad	Cucumber, peppers, tomatoes, carrots	Cucumber, peppers, tomatoes, carrots	Cucumber, peppers, tomatoes, carrots	Cucumber, peppers, tomatoes, carrots	Cucumbers
	Delicious Dessert	A selection of fresh fruits	Carrot Cake (E, G)	A selection of fresh fruits	Pineapple Ring	Cupcake (E, G)

Fresh Bread (G, E) -Available daily

Allergens:

C – Celery, Cr – Crustaceans, E - Eggs, F – Fish, G –Cereals containing gluten, L-Lupin, Mk – Milk, Mo – Molluscs, Mu- Mustard, N- Nuts, P - Peanuts, Se- Sesame, So – Soya, Su- Sulphur Dioxide.

Gluten free and vegetarian options are available upon request

Menu items are subject to availability. If a key ingredient is unavailable, a suitable substitution may be made.