

1 What is the most appropriate unit of time to measure the activities?

Sort the activities into the table.

write the date	read a book	draw a picture
jump 10 times	go swimming	watch a film
eat an apple	eat a sweet	decorate a house

Hours	Minutes	Seconds

Compare answers with a partner.



2 Choose a word to complete each sentence.

hours	minutes	seconds
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- a) It takes Sam 5 _____ to have a shower.
- b) Whitney sleeps for 8 _____ each night.
- c) It takes Ron 10 _____ to do 5 star jumps.
- d) Amir watches TV for 30 _____ a day.
- e) Annie spends 20 _____ on her homework.

3 Complete the sentences to describe something that you do each day.

- a) I spend hours _____

- b) I spend minutes _____

- c) I spend seconds _____

Compare answers with a partner.



4 Which activity takes longer?
Tick your answers.

- a) run a bath brush your teeth
- b) listen to a song watch a film
- c) eat a grape cook dinner
- d) build a house paint a room

5 It takes Dora 24 minutes to walk to school.
It takes Max 1 hour to walk to school.



It takes Dora longer to walk to school, because 24 is greater than 1

Do you agree with Tiny? _____

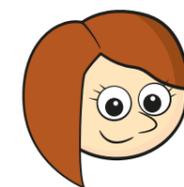
Explain your answer.



6 Write the times in order.
Start with the shortest time.

- a) 1 hour 1 minute 1 second
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- b) 1 hour 100 minutes 60 seconds
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- c) 200 seconds 1 minute 90 seconds
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7 Rosie, Jo and Tommy run a race.



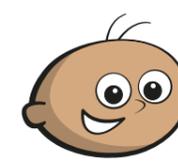
Rosie

It took me 92 seconds.

It took me 1 minute and 10 seconds.



Jo



Tommy

It took me 2 minutes and 3 seconds.

Who won the race? _____

How do you know? _____

